

# 8 TRUTHS

TO REMEMBER IN THE MIDST OF SADNESS  
(PSALM 42)

**LIES THAT I'M LISTENING TO**    **TRUTHS TO TELL MYSELF**

**GOD IS AGAINST ME**    **GOD IS FOR ME**  
RUTH 1:20 | GEN. 3:5    ROM. 8:31-32, 38-39 | JAS. 1:17 | PS. 145:9

**MY SITUATION IS HOPELESS**    **GOD OFFERS ME HOPE**  
RUTH 1:12-13    1 PET. 1:3 | JER. 29:11-14 | ROM. 8:28

**I AM ALL ALONE**    **GOD IS ALWAYS WITH ME**  
1 KGS. 19:10 | PS. 27:10A    HEB. 13:5 | PS. 27:10B | PS. 23

**I CAN'T LIVE WITHOUT WHAT I DESIRE**    **GOD IS ALL I NEED**  
GEN. 30:1    JER. 17:7-8 | IS. 55:1-2 | PS. 107: 9

REFORMED THEOLOGICAL SEMINARY  
CHARLOTTE

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**I HAVE RUINED MY LIFE BY MY SIN** ➤ **GOD FORGIVES AND RESTORES ME**  
PS. 32:3-4    PS. 32:5, 1-2 | IS. 55:6-7 | PHIL. 1:6

**MY LIFE IS UNFAIR** ➤ **GOD IS JUST**  
PS. 73:2-3 | JOB 9:1-2, 17    PS. 73:16-17 | ROM. 12:19 | HEB. 12:4-11

**GOD DOESN'T CARE** ➤ **GOD CARES ABOUT ME**  
1 SAM. 1:6 | JOB 23:3-7    1 SAM. 1:19 | IS. 49:15-16 | JOHN 3:16

**I AM NO GOOD** ➤ **GOD GIVES ME JESUS' RIGHTEOUSNESS**  
IS. 53:7 | ROM. 3:23; 7:18,24    PHIL. 3:9 | 1 TIM. 1:15-16

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